

## **Time Schedule**

### **Field Events**

9:00 AM

Shot put (B)

Triple Jump (G)

Pole Vault (G)

Javelin (G)

High Jump (B)

11:00

Javelin (B)

Discus (G)

Triple Jump (B)

Long Jump (G)

1:00

Discus (B)

Shot Put (G)

Pole Vault (B)

High Jump (G)

Long Jump (B)

## **Running events**

9:30 4x800m Relay Final

10:00 100m Hurdles Final (Heats v. Time)

110m Hurdles Final (Heats v. Time)

10:25 100m Dash Final (Heats v. Time)

10:45 4x200m Relay Final (Heats v. Time)

11:10 1600m Run Final

11:30 4x100 Relay Final (Heats v. Time)

11:50 400m Dash Final (Heats v. Time)

12:15 300m Hurdles Final (Heats v. Time)

12:40 800m Run Final

12:55 200m Dash Final

1:20 3200m Run Final

2:00 4x400 Relay Final (Heats v. Time)